

# BEACON

Est. 2019



## BUSINESS NEWS WITH SHERRY JONES

Spring is here and with it comes outdoor sports. Options Mississauga would like to thank the UTM Fastpitch Softball Association for all their support. Please remember Options for all your athletic banners, posters, branded products, flags and sports apparel!



Options would also like to thank the BIA for their support. We look forward to participating in all of the exciting events coming up this year in Port Credit.

In giving back to the community we are Marching into April with a WOW promotion for Business Cards, Flyers and Postcards (details below).

Check out our website or e-mail us at [optionsmississauga@gmail.com](mailto:optionsmississauga@gmail.com) to place your order!

### BUSINESS CARDS

16pt with UV Gloss  
Single-Sided  
500 - \$35.00 | 1,000 - \$41.00

16pt with UV Gloss  
Double-Sided  
500 - \$45.00 | 1,000 - \$51.00

### FLYERS

100lb Gloss 8.5" x 11"  
Single-Sided  
500 - \$99.00

100lb Gloss 8.5" x 11"  
Double-Sided  
1,000 - \$135.00

### POST CARDS

16pt 4" x 6"  
Double-Sided  
500 - \$75.00

16pt 4" x 6"  
Double-Sided  
1,000 - \$99.00



## OPTIONS IN THE KITCHEN

### RECIPE OF THE MONTH: CLASSIC MEAT LOAF

#### INGREDIENTS

- 1 Lb Lean Ground Beef
- 1 Cup Dried Bread Crumbs
- 1/2 Cup Yellow Onion - Diced
- 1/2 Cup Milk
- 1 Large Egg - Beaten
- 2 Tbsp Ketchup
- 1 Tbsp Worcestershire Sauce
- 1 Tsp Dried Parsley
- 3/4 Tsp Salt
- 1/2 Tsp Garlic Powder



#### COOKING INSTRUCTIONS

1. Preheat oven to 350 degrees
2. Combine all ingredients in a large bowl and use your hands to mix well
3. Add the mixture to a standard loaf pan and gently pat down until surface is flat
4. Mix 1/4 Cup of Ketchup, 2 Tbsp Packed Brown Sugar and 1 Tbsp Red Wine Vinegar in a bowl
5. Pour the sauce over the meat loaf and spread until it forms an even layer
6. Bake uncovered for 55 minutes and let stand 8 - 10 minutes before serving

## OPTIONS OUTSIDE THE LINES

### WASHI TAPE EASTER EGGS



## FEATURED CO-WORKER OF THE MONTH:

### SHELBY



Hi, My name is Shelby. I have been working at Options for two years. I first found out about Options when my mom used to pick up packages here. Now I am a part-time employee. I have found that I have more confidence than I did when I started. I can do everything that we do here at the store: printing, photocopying, faxing, scanning, handling customers, etc. I have enjoyed my time here and will continue to do so in the future. I am also a student in the 'Outside the Lines' art program at Options where I have created and sold many pieces of my art. Thank you.